

# SAINTS ALIVE!

A Publication of All Saints' Episcopal Church

## Lent: A Season of Rests and Shadows by The Reverend Poulson C. Reed

Musicians tell us that sometimes rests are as important as notes. The silences in a piece of music build our anticipation. So too in painting, the shadows, the absences of light in the picture tell an important part of the story. Lent is a season of rests and shadows. Its contrast helps us appreciate the joys of Easter.

If we take it seriously, we examine ourselves with a sincere, honest scrutiny, asking: what parts of me fall short of what God intends? What bad habits get in the way of my relationship with God and with those around me? And then we choose a discipline to address that area that needs improvement. It could be removing something and replacing it with something better: less TV and more reading, less food and giving the equivalent of what remains to the hungry, less gossip and more thanksgiving. Traditionally, the Church has urged prayer, fasting and almsgiving (giving to those in need) in Lent. Each can be adapted, but it is up to each of us to determine what our Lenten rule, our Lenten practices will be. And as with praying, learning and serving, any Lenten practice we share with others is particularly meaningful. This issue describes many of the



programs we are offering in Lent at All Saints' this year. Come join us! Try something new.

At first glance, Lent can seem depressing. But it is actually a season of hope. We know that God calls each of us to self-examination and repentance. None of us is perfect. But each year, at this time, we are invited to take our faith seriously, and do something (or several things) that will make a difference in our own lives and someone else's. Forty days is enough time to break a bad habit and get into a new, better one. But we also know that whatever

failings we continue to carry with us, God will carry for us, in Christ. Lent is a season of repentance, but also of forgiveness. What a precious gift that is, to be forgiven by God. What a weight is lifted from us!

As Christians, we know how our story of faith ends. We explore the shadows in this painting, we appreciate the silences, we spend time with absences, knowing that, at Easter, the brightest colors will shine, the Alleluias will sing, and all our emptiness will be filled by the God who fills all things.

*Poulson +*



### EVERY WEEK

Bible Study  
Monday  
9:30-10:30am  
St. Barbara I

Evening Prayer  
Monday, Tuesday,  
Wednesday,  
Thursday  
5:30pm  
Chapel

Holy Eucharist  
Day School Chapel  
Tuesday,  
Thursday,  
Friday  
8am  
Main Church

Holy Eucharist &  
Healing Service  
Wednesday  
7am and 10am  
Chapel

Holy Eucharist  
Saturday 5pm  
Chapel

Sunday 8am  
Sunday 10am  
Main Church

Church-in-the-  
Round 10am  
Manning Hall

Sunday 12noon  
Chapel

Christian Meditation  
Sunday 8am  
Day School Library

Rosary Prayer  
Sunday 9:15am  
Chapel



### Lenten Quiet Morning

Join us on Saturday, February 27 from 9am to 12noon (or for any part of the morning) in the main church for a Lenten Quiet Morning. Come for prayer, quiet, and reflection on the meaning of Lent. Clergy will be available for individual spiritual conversation and/or confession at various times throughout the morning.

### Choral Evensong

Sung the Second Sunday of the Month through April. The next gathering will be **Sunday, March 14, 2010**. Evensong is one of the jewels of the Anglican tradition, with sung settings of the psalms, evening canticles and prayers from the 1662 Prayer Book. There will be a special celebration to honor members of All Saints' Legacy Circle. A reception will follow in the narthex, to which all are cordially invited. The organ recital begins at 6:30pm, followed by Evensong at 7pm.

### Rosary Prayer

**Every Sunday at 9:15am  
in the Holy Innocents' Chapel**

Join us for this ancient, beautiful, and powerful devotion in which we meditate on significant events in the lives of our Lord Jesus and his Blessed Mother. Marian Rosaries are provided.

### Evening Prayer

**Every Monday, Tuesday, Wednesday, Thursday at 5:30pm  
in the Holy Innocents' Chapel**

Come home with the peace of prayer. Join us for this service using the liturgy from the Daily Office of the Book of Common Prayer; led by lay officiants.

### Home Communion

If, by reason of illness or infirmity, you would like to receive Communion at home, in the hospital, or in a nursing care facility; please notify the Church Office. This is one of the joys of our Pastoral Care ministry, and we welcome your call! If you or someone close to you has had a change of circumstances (in the

hospital, moved to a nursing home, etc.) please call the Church Office so we can keep All Saints' in your life. The current privacy laws prevent us from following people in medical facilities, so please communicate with us so we can be of service. The after-hours Pastoral Care phone number is 602-793-0112 (also provided on the after-hours answering message on the Church Office phone 602-279-5539)

### 2010 Lenten Dinner & Program

Join us for a communal supper, a learning session, and a contemplative Compline service on **Thursdays from February 25 through March 25**. The evening begins at 6:00pm with supper and will end before 8:00pm.

#### **For Adults**

The season of Lent provides us with 40 days to consider our lives and our relationship with the world around us. It is a time to renew our commitment to God, reflect on our lives and respond to Jesus' call for us to love one another.

Our 2010 Lenten series, *Healing a Hurting World*, is designed to encourage, challenge and inspire us to reflect on what steps we might take to help those who live in need. We will consider our neighbors who are suffering, locally and globally, and discover how our compassion and motivation can help others overcome the challenges of poverty, hunger and disease. Through prayer, learning and serving together we will renew our commitment to God and those in need. There will be speakers from the Red Cross, Episcopal Relief and Development, and Interfaith Cooperative Ministries.

**February 25:** Introduction: Why do we serve?  
Led by Fr. Poulson Reed.

**March 4:** The speaker will be Kate Forbes, our own parishioner and active member of the International Red Cross, who will share updates on Haiti and other insights into outreach on a global level.



*Lenten Dinner and Program continued*

**March 11:** Lisa Gallagher, Youth Ministry Coordinator will help us delve into how we can heal the world individually and as a community through prayer.

**March 18:** The Rev. Licia Affer and The Rev. Lucie Thomas, from St. Andrews, Nogales will share about the how Episcopal Relief and Development works to heal the hurting world through the implementation of the Millennium Development Goals. Our All Saints' community will be sending "Nets for Life" to eliminate the devastating effects of malaria in Africa. Learn how just \$12 for a net can save a family's life.

**March 25:** A call to action locally: helping Interfaith Cooperative Ministries. Roger Benson and other ICM volunteers from All Saints' will show us about this valuable ministry and work with us as we sort and bag our food items to give to ICM!

Check out the details on the ICM Food Drive and Nets for Life on Page 6 in Cristina Hatton's article.

### **For Children**

New this year—children will gather for their own Lenten program. After sharing our communal meal, they will head off to various places around the campus. We will have a great time exploring how we can help heal a hurting world. We'll learn, we'll pray, we'll play, and we'll serve together! And of course, everyone will be home by bedtime.

### **Book Discussion Group**

*We're celebrating our 25th year in Ministry!*

At their **March 3** meeting, the Book Discussion Group will talk about Gustav Niebuhr's book Beyond Tolerance. While westerners take pride in, and enjoy, their rights of religious liberty, this often results in denominations and sects operating freely, but in isolation. Niebuhr argues that this is not enough, that we need to get to know each others' faith traditions and work together in shared concerns.

On **April 7** the group will discuss the novel A Thousands Splendid Suns by Khaled Hosseini. This New York Times Best-Seller, by the author of The Kite Runner, is set in Afghanistan during the last three decades, and paints a vivid picture of war, and the oppression suffered by the people of that country.

You are cordially invited to join us at these meetings. Both will take place at 7:30pm in the Urbano Library. For more information, contact Sue Kapp at 623-847-1882.

### **Morning Bible Study**

**Mondays at 9:30am in St. Barbara I**

The group will continue its study of The Acts of the Apostles throughout Lent. Join the group every week or whenever you can.

### **Practicing the Way (Adult Confirmation)**

"Confirmation is the rite in which we express a mature commitment to Christ, and receive strength from the Holy Spirit through prayer and the laying on of hands by a Bishop."

*(The Book of Common Prayer, page 860)*

This class is intended for adults (and youth in 9<sup>th</sup> grade and above) who are new to the church, for those who have been members of another Christian community, or for those who are already Episcopalians but would like to learn more about how we practice the Christian faith as Episcopalians. Those who are already confirmed members of All Saints' are welcome to take the class as a refresher or as part of a reevaluation of their faith lives.

These classes, taught by Father Reed and other members of the staff, will be held on eight **Wednesday evenings, beginning on March 3, 2010, from 6:00 to 8:00pm and ending on April 28, 2010**, (there will be no class on March 31, the Wednesday of Holy Week). Bishop Smith will officiate at our Confirmation liturgy on **Sunday, May 2** at 10:00am.

Please call the church office to sign up for the class at 602-279-5539. Childcare may be offered if there is sufficient interest from families with children. Please let us know if childcare would be helpful to you. Contact Fr. Reed if you have any questions.

**The Rabbi Albert Plotkin Fund** has been established to raise money for Interfaith preaching and teaching at All Saints' in the name and memory of our beloved Rabbi. We want to honor his desire to keep ongoing interfaith dialogues alive. If interested in donating to this, please contact Shelley Dudley in the Church Office.

### **Day by Day Devotional Readings**

For a daily "pick-me-up" or good food for thought, pick up one of the handy, small Day-by-Day booklets in the narthex rack closest to the choir room. Short meditations for each day in three month intervals can be yours for just a \$1 donation. There are some large print copies also in the racks as well. *(Please note there are some large print Book of Common Prayer and Hymnals also on the ledge in the narthex on your way into the church. Borrow them as needed for the services).*

## New! All Saints' Career Networking Group

Join us to review your career search plan if you are unemployed, under-employed or concerned about your current position. Support during this economic dilemma will be available, in addition to ideas for a successful job hunt. The first meeting will include how to start building your personal network. Meetings will be held the fourth Tuesday and Thursday of each month; the first meetings will occur in St. Barbara II on **Tuesday, February 23 at 6:30-8:00pm** and **Thursday, February 25 at 9:30-11:00am**. The Rev. Licia Affer and parishioner Susan McCall are the ministry contacts for this group.

## Savoir Faire

"We gather Together"

Please plan to join our next gatherings, **Sunday, March 7 at 5:30pm** in St. Barbara. Festivities include fellowship, food, and non-perishable food collection for Interfaith Cooperative Ministries. Save the dates and watch the weekly bulletins for details. Our April date will be moved due to Easter. Details in upcoming bulletins.

## SAGES

Once a month, our senior members of the congregation meet for fellowship and lunch in Manning Hall at 12noon.

There is a Bible Discussion led by All Saints' clergy that meets at 10:45am the same morning (following the 10am Holy Eucharist and Healing Service). The more the merrier for this group, so if you want to share and hear great stories, make new friends, and enjoy the warmth of a good meal, check out the next SAGES luncheon and program.

Save the upcoming SAGES dates:  
**Wednesday, March 10**  
**Wednesday, April 14**



## SAGES Verde Valley Adventure This April

**Wednesday, April 21 and Thursday, April 22**

This exciting overnight trip for the SAGES will include a 4-hour journey on the Verde Canyon Railroad from Clarkdale as it follows the lush, riparian habitat of the Upper Verde River; a visit to the Out-of-Africa Wildlife Park for a genuine African Safari-Arizona style, a steak dinner at the Blazin' M Ranch and a stop at the Clemenceau Heritage Museum in Cottonwood. For full details, get a flyer at the next SAGES meeting or the Church Office. All of this: food, lodging, and transportation for just \$215 for double occupancy / \$255 for single. Only 40 spots available so sign up soon! Call the Church Office at 602-279-5539 for reservations. For questions, contact Marilyn Usher at 602-252-9144.

## Palm Cross Making

The Altar Guild will be making palm crosses on **Saturday, March 20, at 10:00am** in the narthex. Any parishioners who are interested in helping are invited to come. Please bring scissors and a ruler. The more, the merrier.



*The 2009 Altar Guild Palm Cross Making Party in the Narthex.*

## New Members

Shari Cook  
Timothy, Beth, and Jonathan Dombek  
Sue Good  
Lin Sinclair

## Deaths

Tamara Leigh Ashley  
Marilynn Maunz Prins

## Baptism Makes You A Member

Your baptism with water in the name of the Father, Son, and Holy Spirit, whether in the Episcopal Church or another Christian Church, makes you a member of All Saints' Episcopal Church when it is documented in our church records. Do we have your baptism date, confirmation and/or reception date, or even your birth date? We are getting ready to make our annual census report to the national church about our parish family, and we would like our information to be as accurate as possible. Please contact Katie Vinger in the Church Office at 602-279-5539 or [kvinger@allsaints.org](mailto:kvinger@allsaints.org) to see if we have YOUR information correct and complete. Thank you!

## What Legacy Will You Leave?

by **The Reverend Poulson Reed**

None of us tends to give much thought to our legacy. Usually, we are too busy living our lives to think about what impact we will make after we die. But each of us has an opportunity to make a difference after death. What we leave behind, and to whom says a great deal about what we valued in life. Have you remembered All Saints' in your will? All it takes is a few minutes, and your bequest can help All Saints' continue to change lives in the future, as it has for each of us.

Did you know that of the twenty-nine people buried from All Saints' in 2009, not one remembered All Saints' in their will? Why is this? I suspect most never even thought of it, or assumed that they would take care of it someday. Please join with the parishioners who have done so already by leaving a portion of your estate to All Saints'. If you need legal assistance in this, simply contact the church office, ask for Shelley, and we will assist you. Once you have remembered the church, we ask you to fill out a form letting us know you have done so (we never ask the amount of the gift), and then you automatically become a member of the All Saints' Legacy Circle, with your name on a plaque on our monument in the narthex, if you wish.

A recent policy passed by the Vestry dictates that any undesignated bequest to All Saints' over \$10,000 will have any amount over that threshold go directly to our endowment, which we have just established. All of us can remember the church, confident that our bequests will support the church forever as a perpetual pledge.

Over the next few weeks, we will be exploring the theme of legacy more broadly at our adult education classes on **Sundays at 9am on February 21, 28, and March 7**. Please join us as we examine a range of important legacy and end-of-life issues. And plan to attend Evensong on **Sunday, March 14 at 6:30 pm**, at which we will welcome new members of the Legacy Circle. There are also brochures available in the narthex.

Join the Legacy Circle before March 14<sup>th</sup>! Let's all do our part to keep All Saints' strong for the generations to come.

### All Saints' Legacy Circle

was created in June 2007 to enable parishioners to leave bequests to All Saints' Church in their wills, in order to ensure the perpetuation of our ministries for generations to come.

We also encourage church members to have up-to-date wills, and to make sure that their final preparations are in order. These are a Christian, loving gift to their families and to our church. We invite those who have not yet done so, to consider making All Saints' Church part of your Planned Giving. No gift is too small, and is much appreciated. If you would like more information, there are brochures in the narthex, or you may call Diana Hayward-Butt at 602-265-8235, or email [dhb217@aim.com](mailto:dhb217@aim.com), or Shelley Dudley in the Church Office at 602-279-5539.



## Annual Meeting Results 2010

The 2010 Annual Parish Meeting of All Saints' Episcopal Church was held on **Sunday, January 31**.

New Vestry Members:

Ken Luk, Lowell Adkins, Travys Harvey, Camille King



The New Junior Warden is Ron Dow.

The Newly Appointed Senior Warden is Tim Hyland.



The delegates to Diocesan Convention are: Wendy Cianci, Carolyn Hartman, Jake McManus, Dan Packard, Bill Verdini, with alternate delegates Beth Carson, Joyce Moderow, and Evie Smith.

Vestry Commendations were given to Bill Verdini, our outgoing Senior Warden, and Sue Kapp for her many years of service in the Book Discussion Group, Urbano Library, as an Education for Ministry Mentor, a Eucharistic Visitor, a Community of Hope caregiver, a Front Line Volunteer, and it all started when she came to All Saints' in 1966 to teach kindergarten at the Day School.



## At André House, We Feed Hungry Souls

Upcoming Dates:

March 1 and 15, April 5 and 19

We meet at the Church Office at 3:00pm to carpool to André House, where we prepare and serve dinner to the downtown mission's 500+ homeless and hungry clients. We're back at the church by 7:15pm. Call Evie Feltz at 602-279-9342, if you would like to join the group for a truly rewarding experience.

## Duet: Faith in Action

Help a homebound or disabled neighbor remain independent in his or her own home. It's as easy as visiting, grocery shopping, driving, opening mail, phoning, using the computer, or doing home repairs. For more details, call Duet at 602-274-5022 or Angie Greene at 623-939-2382. You can also email: [volunteer@duetaz.org](mailto:volunteer@duetaz.org) to register. The next orientations are: (you only need attend one)

**Saturday, March 27 9-11:30am**  
Church of the Beatitudes  
555 West Glendale Avenue, Phoenix

**Saturday, April 17 9-11:30am**  
Saint Thomas More  
6180 West Utopia Road, Glendale



## Habitat for Humanity

by Anne Findling

Habitat for Humanity is dedicated to eliminating substandard housing and homelessness one family at a time. The Episcopal Habitat Coalition, of which All Saints' is a member, co-sponsors two

homes a year. Our fall build was in conjunction with Western Refining and Living Faith for the Hailegeorgis family. The dedication is **March 6**. We had some challenges with the build, but we delivered a safe, affordable home for the family. The project also had some challenges; fire destroyed two of the homes under construction in the neighborhood.

The next international trip is planned for **September 4 – 12, 2010**, in Fieria Nova, Brazil. Our congregation has sent several representatives on international builds. From all reports, they are a tremendous way to put faith into action. The cost is about \$2000 per person. The EHC traditionally subsidizes a portion of the trip. Further details will be announced in March or April.

The Coalition has proposed a \$5,000 donation for the support of Habitat in Haiti. The \$5,000 provides a core home for a Haitian family of five. The homes are simple structures specifically designed to grow with the family. The concept is nicely presented in a short video at [www.habitat.org](http://www.habitat.org). The \$5,000 is in addition to our local commitments, so if you are interested in helping with the effort, please let us know.

Two important organization updates: (1) The Coalition has filed for incorporation as of December 9, 2009; and (2) The Coalition is a Qualifying Charitable Organization for tax credit purposes. That means a dollar-for-dollar tax credit on your Arizona tax return for donations to the Coalition. Handy for this year's tax planning!

Our spring build brings us back to the West Valley at Johnson Townhomes. On **February 20**, All Saints', together with St. Peters, Trinity Cathedral, and Good Shepherd worked on the the project at 16194 N. Desert

Sage St., Surprise.

We are also building on **March 30, 2010, and May 22, 2010**. Watch for details in the bulletin or follow Episcopal Habitat Coalition All Saints' Phoenix on Facebook.



## Our Family Ministries

### Lenten Outreach

By Cristina Hatton,  
Director of  
Children, Youth,  
& Family Ministry

*Lord, when was it that  
We saw you hungry and gave you food?  
We saw you thirsty and gave you something  
to drink?  
We saw you a stranger and welcomed you?  
We saw you sick and took care of you?  
We saw you in prison and visited you?  
Truly I tell you, just as you did it to on of the  
least of these who are members of my family,  
you did it to me.*

Matthew 25:37-40

The liturgical season of Lent prepares us for Easter, the day of Christ's resurrection. Lent lasts for 40 weekdays in remembrance of the 40 days and nights that Christ spent fasting in the desert, tempted by Satan. Lent isn't an end in itself; but rather a time for us to reflect on our lives as followers of Jesus and on our relationships with one another. Our focus for the children and families of All Saints' during Lent this year is:

## Healing a Hurting World

This Lenten season we will pray, learn and serve together, and become aware of how we can help others overcome the challenges of poverty, hunger and disease. We will renew our commitment to God and nurture our compassion for those in need, globally and locally.

Here is what are doing globally:

## Nets for Life

All Saints' will send Nets for Life to families in Africa. Insecticide-treated nets are the front line in malaria prevention. The nets are placed where they can surround the beds people sleep in and keep mosquitoes away. The nets cost \$12.00 each and are treated with a long-lasting insecticide. ER-D (Episcopal Relief and Development) has begun a new campaign to supply families in Africa with nets. The Nets for Life goal is to raise \$50 million in 5 years to help prevent malaria in 5 million people. We can help them reach this goal.



To contribute, please make out a check to All Saints' with "ER-D" or "Nets for Life" on the subject line. Return the check in the offering plate at services or to the Church Office, and we will make one large donation check to send to ER-D with all of your assistance.

### Here is what we are doing locally: Interfaith Cooperative Ministries Food Drive

All Saints' is collecting food items for the ICM food pantry. This Sunday, volunteers from ICM will hand out grocery bags and lists with suggested items for donation. Fill your bag(s) and bring them back to All Saints' for us to give to families at ICM.

Think nutritionally, such as:

- **Proteins.** Canned meats such as tuna, chicken or fish are high in protein and low in saturated fat. Peanut butter is rich in protein and high in monounsaturated and polyunsaturated oils, the "good fats."
- **Soups and stews.** They are filling, particularly the "chunky" soups, and contain liquid for hydration. In addition, soups can be filled with protein and vegetables.
- **Rice and pasta.** Grain-based foods, such as pasta, are a good source of fiber and complex carbohydrates.
- **Cereal, including oatmeal.** Breakfast cereals can be an additional source of protein, and most cereals today include a variety of vitamins and minerals.
- **Canned vegetables, including tomatoes and tomato sauce.** Studies indicate that canned vegetables have about the same nutritional value as fresh vegetables.
- **Canned or dried beans and peas.** A staple of diets as early as 6700 B.C., beans are a low-fat source of protein and fiber.
- **Canned fruits.** Only a small amount of vitamin C is lost in the canning process, making these a healthy choice.

Please join us on **Thursday, March 25**, during the evening Lenten Series starting at 6pm in Manning Hall, as we sort and bag our food items to give to ICM!

## Family Activities for Palm Sunday

Mark your calendars for **Sunday, March 28, 2010**, Palm Sunday. This morning, instead of Sunday School, we will have Family Activities from 9-9:45am on the Day School lunch pavilion! Your family is invited to move from table to table making projects to help you celebrate Jesus' triumphant entry into Jerusalem and honor the beginning of Holy Week.



### Youth News

From  
**Lisa Gallagher,**  
Youth Ministry  
Coordinator

Get ready, get set, go! This Lenten season is the kick off to a very exciting rest of

the year folks. The Year of the Youth is in full effect and from here on out the youth calendar is packed full of excitement.

By the time you receive this newsletter, we will have experienced **Episcopa-looza: Friday-Saturday, February 19-20**

This all night lock-in started at 10pm and the party didn't stop 'til 5:30am! We came together with all the Episcopal youth groups in Arizona. Wii, roller derby, music, food, surprise activities and tons of people were just a few things that were offered throughout the night!

### Tenebrae: Tuesday, March 30

A very different type of church experience during Holy week. This youth led night service, held at St. Mary's Episcopal Church, will be an opportunity to experience part of Christ's journey to the cross in a new way. You don't want to miss out on this awesome evening.



**Sunday Mornings:**  
**Every Sunday 9am at the Youth Shack**  
As always, we will be getting together every Sunday morning for food and fellowship. Don't miss out on some of the other great activities we will be planning!

Winter is nearing its end and before you know it summer will be knocking at our door, and we all know what that means. No, not just avoiding the scorching heat folks,

**CHAPEL ROCK SUMMER CAMP!!!**



I know it may seem a bit early to be thinking about summer camp but get it on the brain now because if you **sign up by March 1** you will save \$20 on the cost of registration. All Saints' camp week is going to be **June 6-12** and we are hoping to all go as a big group to join one another in this fantastic, fun-filled, experience!  
The Rev. Licia Affer and

I will be up at camp this week as well. All the registration information is up on the Chapel Rock website at [www.chapelrock.net](http://www.chapelrock.net). For more questions or information regarding camp or any youth goings-on feel free to email Youth Ministry Coordinator, Lisa Gallagher at [lgallagher@allsaints.org](mailto:lgallagher@allsaints.org).

The Youth of All Saints' raised \$795 for André House, our downtown soup kitchen, on Sunday, February 7 through the **Super Bowl of Caring**.  
Thank you to all!

All Saints' Episcopal Church  
& Day School  
6300 North Central Avenue  
Phoenix, Arizona 85012-1190

Non-profit Organization  
U. S. POSTAGE PAID

Phoenix, Arizona  
Permit No. 551

Address Service Requested

**All Saints' Annual Pancake Supper: A Great Kick-off to Lent**

**Tuesday, February 16**

A Big Thank You to all who cooked, served, cleaned up, ran Pancake Races, wore silly clothes, played in the band, walked in the parade, decorated a wagon, or just came and ate!

